

THE SENIOR CENTER BROADCASTER

> We Opened our Doors on Tuesday, March 5, 1974 to the Community

The York Dispatch highlighted the original opening of the Senior Center. Pictured in the newspaper's photo from left to right are: Paul Linthrust (a volunteer & project council representative), James Cousier, 91yrs old, (Barb Kuhn's Great-Grandfather), the

oldest participant at the time as well as an avid

supporter of the center, and *Mrs. David E. Sipe*, the site director.

oting

The article states, "in addition to serving the noon meal—the food being prepared by the Sheltered Workshop—programs are planned to open new social dimension in the life of the persons of Social Security age." This mission continues to be our motto by fulfilling the lives of social security age. of seniors in our area. We have grown over our 50 years, from our humble beginnings of 25 participants to well over 400 persons visiting the center monthly for hot meals and essential engaging activities.

Our original founders were: Clara Butcher, Jay W. House, Helen C. Provenza, B. Charlotte Sides, Cleon F. Prowell, Sylivia Sweitzer, J. E. Caldwell, Roland E. Garvin, Elva Kennedy, Margaret F. Neff and Hilda Loucks. Many of these founding persons and their families continued throughout their lives to

support the center as it grew into what it is today.



Volunteer, RuthAnn Boyd

As the very first senior center to open in York County, "it means different things to different people, but to everyone, it is very important," said the first director Mrs. Sipe. This sentiment still rings true today for whatever the reason someone walks through our doors. The center has grown significantly from the first 10 years of 20 volunteers to what we have today of 75+ volunteers, 4 parttime employees, and our Executive Director, *Deb Davis*. Our members come from every corner of York County to participate in our programming. Volunteers deliver Home-Delivered-Meals weekly to 60+ homebound residence inside of 125 sq. mile radius throughout 10 municipalities in York County.

We are so happy to have announced the acquisition of the Brethren Church in Strinestown that will become our new home once renovations have been completed. We aim to continue all of the current programming we offer and look forward to adding some new ones.

We want to thank the committee members, Margaret Miller, Pam Sowers, Ida Marie Linch, Jim Weaver and JoAnn Kirkwood for putting together a

week-long celebration March 4-8th!

As we continue growing our membership and our service to our community we look towards the future where we will eventually celebrate another 50 years together in our community.



1/23/23 - Bonnie, Anne, Georgia & Rep. Joe D'Orsie



Tuesday, March 5, 1974 - The York Dispatch

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CENTER **UPDATES**

REMODELING

FUND: Larry & Betty Miller, Audrey Kraft, in Memory of Roland Garvin & Butch Bare, Joyce Basom, Anonymous Angels, & the Senior Center Jar

GENERAL FUND **DONATIONS:**

Family Clothes Tree, Anonymous. Rise Baking Co (Michele Jacobs, Veterans Cakes), and S&H Express.

Our Mission

MONTHLY ACTIVITIES

PLEASE NOTE Haircuts & Massages:

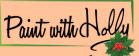
Must be @ Center between 10-10:30 and will be taken in the order you have signed up. No Show, you will be skipped or put at the end of the list. No Walk-Ins!

Haircuts by Missy from Hair Talk

Dry Cut & Basic Style ONLY

1st Mondays @ 10am Cost \$10

Chair Massages by Brenda Dettrey, LMT 1st & 3rd Wednesdays \$15/15 mins



Have fun socializing & creating art!
.....See Monthly Calendar for exact dates!
Art ClubMondays @ 12:15

Card Games..... Mon & Thurs @ 9am

Socrates Café 2nd Monday @ 10am Anne Vendy & Don Bruening Moderators

Zumba Gold w/ Heather Cintron Tuesdays @ 9am (\$3/Class)

Yoga..... Tuesdays @ 10:15

Brunch Bunch....2nd Tuesdays at various restaurants reservations req. @ 10am

Free Blood Pressure Screenings..........
by Kara the 1st Wednesdays @ 9:30

Free Sugar Checks & BP's 3rd Weds @ 9am by Barb Kuhn, RN

Millek's Sub Sales

Orders Due: 2nd Wednesday Delivery: 3rd Wednesday

Fitness Class *w/ Steve Newport.....*Thursdays @ 10am

@ Eagle Fire Co. (\$3/Class)

Now Ya Got It! 3rd Thurs. @ 10:30 am Bring a \$2-\$3 NEW Wrapped Gift!

Iris Paper Folding 1/4, 2/1, 3/7 1st Thursday's of the Month @ 9am **Reservations Required** (\$3/Class)





SAVE THE DATE!

Sunday, May 5, 2024 @ 2pm It's our BIGGEST Fundraiser of the Year!

GIFT CARD



Doors & Kitchen Open @ 12:30 pm

We have re-vamped our Sponsorship Levels. Please contact the Senior Center to receive your sponsorship form. As always we are looking for donations of baked goods, gift baskets and door prizes!

Tuesday, April 2 2024

OLUNIEERS: CALLING ALL OUR VOLUNTEERS:

It's time to Allow us to Humbly Honor You!

wonderful breakfast along with special music by Amy Flowers from Soul House to entertain you before you continue onto your busy day. We have shortened the celebration in appreciation of your valuable time as a volunteer to us and our members.

thank you So Much

We will miss Gentle Yoga & Dance Yoga with Anna!

Anna Wagner has been instructing Gentle Yoga since May of 2004. In more recent years she added a Dance Yoga class on Fridays. Anna has decided to step down from her volunteer role here at the center. We hope you get well soon, Anna.

We Thank You So Very Much for keeping us in shape for the past **20 years**! Don't forget to visit when you are feeling better!

COMMUNITY SERVICE PROJECTS

Caps For Kids: make and/or collect caps, scarves, gloves for children of the NE School District.

Lap Robes: for our HDM clients, nursing homes, & members in need.

Old Eyeglasses & Cases: Susquehanna Lions Club **Old Hearing Aids & batteries:** Beltone @ Home

We still accept the following items:

- **★Old eyeglasses** for the Susquehanna Lions Club
- ★ Hearing aids/batteries for Beltone @ Home
- **★4 ply yarn** used for: **Caps for Kids** (NESD) & **Lap Robes** (nursing homes, HDM clients, & members in need)



EVERY WEDNESDAY MORNING

Mark your calendars for your favorites!

mark your calendars for your lavorites:	
Kirk Folk1/3 @	9:30
The Crull Family (Boom Whackers) 1/10 @	9:30
Whitey@1/10@::	10:30
Tony Heath1/17 @	9:30
Joe Cooney & Friends 1/24 @	9:30
Bob Reigh Trivia 1/31 @	9:00
JCM Band 1/31 @:	10:00
Jerry Overby & Derek Reed2/7 @	9:30
Sweet Life Music 2/14 @	9:30
**NEW, Chris Sacks2/21 @	9:30
The Singing Mayor & Peppers 2/28 @	9:30
Hillbilly Heaven2/28 @ 3	10:30
Tom Shultz	9:30
Sunnyside Gang 3/13 @	9:30
Kirk Folk 3/20 @	9:30
Tony Heath3 /27 @	



Check out our *NEWEST* entertainer... Chris Sacks

He is a full-time (10+ yrs) Maryland based musician. His role in his band is that of singer/ songwriter and ringleader.

When asked

"I truly love what I do and cannot picture myself doing anything but this.



what genre he plays, He considers himself to be a combination of trop rock and americano with a whole lot in between. We welcome this new-to-us musician to our center!

MONTHLY ACTIVITIES

Property Tax/Rent Rebate @ 9am Appts. w/Espe of State Rep Joe D'Orsie Otterbein Daycare

Dragonflies & Grasshoppers 9:15am

1st Fridays (Sept-May) Come and help us do crafts and play simple games with the kiddos from upstairs!

Notes of Healing Music Therapy w/Taylor Hood......1/22, 2/12 & 3/18 2nd or 3rd Monday's (due to Monday holidays) @ 10:00 am

Group music sessions are all about you and your music choices!

Beltone @ **Home** 1/25

by Special Appt. Only! MUST check with staff for scheduling Offers free services to clean/check/repair hearing aids as well as hearing tests

It's A Family Face Off......... 1/29 @10am with Matthew Cleveland

BRUNCH BUNCH.....10AM

 $\star\star$ Reservations Required $\star\star$

Meet the 2nd Tuesday of each month at various restaurants with escort, Margaret Miller

Manchester Café...... 1/9 4302 N. George St.

Fresh Start Restaurant...... 2/13 4345 W. Market

Hellamshire 3/12

480 W. Market St., Hellam Chapel Time w/Pastor Mark......3/21

A Special Easter Program

Clan Readman Returns! 3/18 @10am



HOMEMADE FIXIN'S FRIDAYS....

Barb's Homemade

Fixin's

Starting in January 2024 these special meals will be on every 2nd

Friday. This will now coincide with our Monthly Birthday Bash to honor all who are celebrating birthdays in that month. Watch for your invitations in the mail!

Upcoming Dates:1/12 & 1/26 Additional dates & menus announced monthly at the center

WELCOME NEWBIES!

Jim Markle Nelson Hollerbush Mausann Miller Jim Hanev Jim Weaver

Earl Hoopes Harry Poff Liz Eisenhart Mike Werner Kathleen McCormick

Our Heartfelt Sympathy to Families & Friends of:

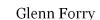
Gloria Stewart & Peg Pope (a dear HDM volunteer since March 2011). To the families of the following members: our last living founder, Rev. Roland Garvin, Butch Bare, Lynda Klinedinst & Larry Miller.

NEEDING OUR THOUGHTS & PRAYERS

Cindy Owad, Anna Wagner, Joan Runkle, Dot Taylor, Linda Glusco, Linda Boerner, Pat Sanderson, Ardell Kohr, Audrey Stone, Vance & Bev Andrews & Kate Rogers



1



- 2 Linda Boerner
- Katherine Erdman 3
- John Mbwera 4 Erma Schaffner Pamela Sowers
- Gwen Bainbridge
- 8 Jav Rentzel
- Mike Werner
- 10 Ned Blymire Wendy Gembe
- 22 Alicia Leiter Dave Mickley Joyce Miller
- 26 Anna Wagner
- 28 George McFeaters
- 29 Thelma Plowman



FEBRUARY

- Fran Knaub-Keller 3 **Emma Peters**
- Rena Toomev
- Donna Jerzerick 5
- Walt Haring **Esther Miller** Connie Zeplin
- Darene Krouse

- Sonja Kolinsky 9
- 12 Bob Willis
- 14 Linda Brenneman Deb Davis Deanna Eberly Dianne Fox Charles Stambaugh
- 15 John Moramarco
- 20 Pat Haring Lona Klinina Karen Lutke
- 23 Sue Hershev
- 26 Pauline Lenz
- 27 Robin Huvett **Dot Taylor** Royce Weirich



MARCH

- Linda Glusco 2
- **Beverly Andrews Nancy Shatto**
- **Raymond Emig** Randall Sower
- Mae Tetreault

- 12 Carol Jones
- 15 Pat Kendig Frank Zeplin
- 17 Hal Prowell
- 20 Claire Jordan
- 21 Atty. David Mills
- 23 Sundra Heiland
- 25 Tom Brenner Kathy Shimmel
- 27 Vance Andrews
- 28 Kenneth Heindel, Jr.
- 29 John Lantz



FYI: The daily lunch meal is paid by the YCAAA and the cost is \$3.75 (under 60 guests pay full price) and by donation from members. **Please note** that our funding continues to be based on the number of meals **you** order and eat. To keep our doors open, we must average 40 meals a day (53 to meet past funding), so it is very important that you help us!

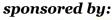
It's easy enough, just call before **10am one business day ahead** to order and if you can't make it, call ASAP, so we can find another member to eat that meal. A donation jar is at the serving counter as seniors are expected to donate, \$3 or what they can afford, for the meal. Thank you for your support!

Caregiver Grief & Self Care Support Group Second Thursday of Every month @ 10am

GRACE: Caregiver Network . Guiding with Respect & Compassion for Everyone Jan. 11th • Feb. 8th • Mar. 14th

Reservations Required Signup @ the Senior Center

These 4 sessions are open to anyone in any stage of the caregiver journey. Speakers, Discussion of Memory Support Challenges, & Advice to provide education, strategies and empathy along your journey.





NASSC STAFF

Deb Davis— Executive Director Missy Adams—Assistant Director Holly Sarti—Administrative Assistant

Kitchen & Activity Aides

Connie Culley & Alicia Leiter **Daily Volunteers**

Gloria Confer, Pat Haring, Barb Kuhn & Bonnie O'Neil

2024 DINNER THEATER SHOWS

***You must be a member over 65 years old & registered with the Rabbit Bus. Rabbit bus fares are always subject to fare increases that are not under our control. Costs include admission, tip, & Rabbit bus.



DEPARTURE
@ 10:15am
Cost: \$82

April 25th 2024—Ragtime August 29th 2024—Jersey Boys October 24th 2024—Hairspray

Bird-in-Hand

DEPARTURE
@ 10am
Cost: \$82

Unless otherwise noted

April 16th 2024 – Confessions August 15th 2024 – Ryan & Friends (\$75) September 17th 2024 – Half Stitched November 19th 2024 – Christmas Candy Caper

2024 SIGHT & SOUND SHOW



June 11th — Daniel & Dienner's Country Restaurant (on Your Own)

Cost Includes Show, Gratuity, & Rabbit

Show starts at 11am w/ 2 ½hr run time
Lunch is not until 2pm
You must Bring Your Own Snacks
OR Purchase snacks @ the Sight & Sound snack bar

Reminder: Lunch is on your own @ Dienner's,

A Pennsylvania Dutch eatery with: a lunch buffet, or sandwiches & platters of country fare

2024 ELITE COACH DAY TRIP

"BALTIMORE DINE AROUND"

Tuesday, May 14th 2024 DEPARTURE @ 7:30am

Cost: \$180



Includes all listed meals stops, meal taxes & gratuity, Cruise, transportation, step on guide service/tip, & bus driver's tip. See Flyer on Signup Table! Deadline to register 4/9!

Open to anyone over the age of 18

Approx. Return 7:15 pm



NHS Honor Bus Project: York County, PA

Upcoming Dates

April 27, 2024 sites.google.com/nebobcats.org/nesdhs/honor-bus

A HEARTFELT "THANK YOU" To ALL for their Donations!



Donors of food and other goodies are cherished too: Karn's Foods, Country Meadows, Union (Manchester) Fire Hall, Triple A Dwarf Acres, Harvest Moon Farm, and Christ Lutheran Church, "Drive By Guy", Erma Schaffner, & Audrey Kraft.

Special thanks needs to go out to Jim Haney, for help with two craft projects, (Wine Bottle Terrariums & 2 Sided Door Hanger) that required cutting wine bottles & CNC wood cutting. His daughter Ruth, donated 66 plants for the terrariums and an Anonymous Donor paid for Jim's diamond blades and drill bits. THANK YOU! Additionally, big thanks to Joann Hoover-Sweigart for donating 16 skeins of yarn.

This past Christmas Party was very special and we have several to honor for a real homemade Christmas meal of ham, pineapples, sweet potatoes, mashed potatoes, green beans and apple crisp. Thanks to Tom Elhajj, his family, and members from his church (Christ Community Church in Camp Hill), who helped prepare and serve the meal. The Leiter Family, Gloria Confer, Erma Schaffner & Audrey Kraft helped pick up the tab for the groceries to feed 115 persons (Approx. \$500). We can't thank all of these people enough for a very special Christmas celebration. Additionally, we thank Chrisanne, Joe, and of course, Chef Tom Elhajj for pizza & stromboli he made and served us in 2023.

We couldn't do it without your help! Another special shout out to Duane Close, Holly's father, who continues to do repairs around the center from sink spigots to door stops, Thanks Duane!

We also thank the **Northern Middle School** students for taking the time to write Thank You letters to our Veterans in November.



JANUARY 2024

Northeastern Senior Center • 717-266-1400 (Mon-Fri 8am-2pm)

Lunch served at 11:30am



MONDAY	1 1 1 2 2 4	W1771707.4	1 1 1 1 2 2 4	
MONDA			L	
Center Closed	9:00 9:00	8:00 Social Hour/ P&P Games	ding 4	8:00 Koffee Klatch 9:15 Daycare Visitors
	10:15 Yoga 1 10:00	9:30 Blood Pressures	9:00 Penny Wheel 10-1pm Penn Mar Visitors	11:00 Chase's/ Announcements
HAPPY NEW YEAR	12:15 Line Dancing 12:15 Members Choice	9:30 Kirk Folk 12:15 Bingo	10:00 Fitness Class 10:00 Give a Penny Take a Penny 12:15 Members Choice	ביוס אמווממומ כווטוכם
9:00 Card Clubs	8 9:00 Zumba Gold	9 MILLEK'S ORDERS DUE 10	7:30 Board Meeting 11	8:00 Koffee Ktatch
9:30 Zen Doodle/Color	10:15 Yoga	9:30 The Crull Family		10:00 Magazine Scavanger
10:00 Haircuts W/ MISSY 10:00 Socrate's Cafe	10:00 Brunch Bunch 10:00 Scategories		isitors	11:30 Monthly Birthday Party
12:15 Members Choice	12:15 Members Choice	12:15 Bingo	10:30 Beanbag Poker 12:15 Members Choice	T. TO MICHIER OF CHOICE
T C	9:00 Zumba Gold 9:00 Trash 10:15 Yoga	3 <u>PICKUP</u> 17 ′ P&P Games	18 isitors	8:00 Koffee Ktatch 9:00 Chair Aerobics 10:00 Shuffleboard
KING JR.	12:15 Line Dancing 12:15 Members Choice	9:00 Sugar & BP Checks 9:30 Tony Heath 12:15 Bingo	10:00 Fitness Class 10:00 Now Ya Got Itl\$2-3 Wrapped Gift Needed! 12:15 Members Choice	12:15 Members Choice
9:00 Card Clubs 9:00 Chair Aerobics 9:30 Zen Doodle/Color	9:00 Zumba Gold 9:00 Penny Wheel 10:15 Yoga 10:00 Chain Reaction	23 8:00 Social Hour/ P&P Games 9:30 Joe Cooney &	25 ng Appts	8:00 Koffee Klatch 9:00 Chair Aerobics 10:00 Ladder Golf
12:15 Art Club 12:15 Members Choice	12:15 Line Dancing 12:15 Members Choice	Friends 12:15 Bingo	10:00 Fitness Class 10-1pm Penn Mar Visitors 10:00 Comhole 12:15 Members Choice	12:15 Members Choice
9:00 Card Clubs 29	9:00 Zumba Gold 9:00 Yahtzee	30 8:00 Social Hour/ P&P Games	★ Everyday At 8am For Koffee	JOIN US: Everyday At 8am For Koffee Klatch / P&P Games
10:00 Matthew Cleveland Family Face Off 12:15 Art Club	10:10 Toga 10:00 Skip Bo 12:15 Line Dancing	10:00 JCM Band 12:15 Bingo	** Call Us Before 10:00am <u>At Least One (1)</u> <u>Business <u>Day Ahead</u> To Order Meals & F Bus Transport</u>	Call Us Before 10:00am <u>At Least One (1)</u> Business <u>Day Ahead</u> To Order Meals & Rabbit Bus Transport
12:15 Members Choice			Due To Very Early Printing.	Due To Very Early Printing.



We're gearing up for our Annual Sponsorship Campaign

This initiative aims to continue funding our renovation costs on our new building making our new home handicap accessible, install a commercial kitchen and make the necessary upgrades to uphold the continuation of all our services to our members. However, to ensure our success, we are seeking sponsorship to help cover the necessary expenses and make a bigger impact.

This years first fundraising event is our Annual Gift Card Bingo, which will take place on Sunday, May 5, 2024 at the Manchester Union Fire Hall. This initiative aims to continue funding our overall operating costs. We are seeking event sponsorships to help cover the necessary expenses. *Please contact any of our staff at the center for more details on this event.*

Please consider becoming one of our Super Stars! If you know someone that owns a local business and would like to become one of our sponsors, please pass our information along!

Annual Sponsorships

		P			
				100 A S S S S S S S S S S S S S S S S S S	
Logo in quarterly newsletter	√	\checkmark	\checkmark	√	
Listing on Facebook page	✓	\checkmark	\checkmark	\checkmark	
Host an informational seminar	\checkmark	✓	√		
Birthday Party Sponsorship (Single Month)	\checkmark	✓	✓		
Your Brochure in our Literature Rack	\checkmark	✓			
Your Logo on NASSC's Website	\checkmark	✓			
Booth @ our Health Vendor Fair – Yearly	\checkmark				
Informational table at public fundraising events	√				
Logo on Member Sign-in Kiosk/CoPilot	√	_			

A La Cart Sponsorships

☐ Sirius Star Nutritional Sponsor (1	Monthly) - \$150
	supplemental food for in-house meals & snacks such & Vegetable Trays, Extras for Salad toppings, etc,.)
☐ Monthly Birthday Party - \$200	☐ Newsletter Quarterly Printing in Color - \$300
☐ Honor Our Veteran's Day - \$250	☐ Weekly In-House "Fun" Bingo - \$150
☐ Volunteer Appreciation Day - \$250	☐ Intergenerational Programing - \$150
☐ Monthly "Themed Day" - \$250	☐ Gift Amount \$
On-Site Fundraisers	
☐ Annual Gift Card Bingo Fundraise	r (May 5, 2024)
☐ Gift Card Bingo Monetary Donation	
To purchase gift cards prizes (\$50	os, \$100s, & \$200s) & cover kitchen expenses
Bingo Door Prizes	
Bingo Raffle Baskets	
☐ Millek's Subs Fundraiser (Monthly Jan	- Nov)
☐ Naylor's Candies Fundraiser (Nov - 1	Dec)



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CENTER CLOSURES

1/1 New Years Day

1/15 Martin Luther King Jr.

2/19 President's Day

3/29 Easter Holiday

seniorstars@nassc.com www.nassc.org

Find us on Facebook!

NortheasternSeniorCenter
RETURN SERVICE REQUESTED



Tis' The Season for SNOW

If it snows overnight and you're wondering if the center is open:

★★Call the center **AFTER** 6 am ★★ & **listen** to the message

OR

★★Check our Facebook page★★

OR

★ ★ Watch WGAL TV 8 ★ ★



2024 MONTHLY SUB SALES We are excited to offer Millek's Subs

& Aunt Lydia's Pretzels

(from Morningstar Sun Marketplace & the New Eastern Market)

New selections & the freshest products available: 12" subs @ \$7, Pretzel sandwiches & Wraps @ \$6

Orders due 2nd Wednesday of each month (before noon). Pickup/Delivery & Money is the following week, 3rd Wednesday (10am-1pm) Jan-Nov. If you wish to have a monthly order, please stop in or call the center for details. Thank you all for your support! (See order forms @ front desk for complete details!)

OUR WISH LIST

★ ★ Remodel Fund Donations ★ ★-to upgrade our New Home-

★★Small & Large disposable plates★★

★ * Healthy snacks *** ***

★ ★ 4-ply yarn (all colors) ★ ★

This newsletter includes the January activity calendar only. Activity calendars & menus are available prior to the last week of each month at the center or you can download them from our website.